



THRANGU MONASTERY  
| 創古寺 |  
CANADA

## AMITABHA MEDITATION RETREAT & MANTRA ACCUMULATION

3rd, 4th & 5th December 2010

### 阿彌陀佛禪坐修行與唸經功德法會 - 閉關 2010年12月3, 4, 5日

TIME	MORNING SESSION	午前 修行
9:00 - 10:00	Green Tara Practice	綠度母修法
10:30 - 12:00	First Session of Amitabha Mantra Recitation	阿彌陀佛心咒修持
12:00 - 1:00	Lunch Break	中餐
TIME	AFTERNOON SESSION	午後 修行
1:00 - 2:00	Teaching on Amitabha Practice	阿彌陀佛教授
2:00 - 2:30	Break	午休
2:30 - 4:00	Second Session of Amitabha Mantra Recitation	阿彌陀佛心咒修持
4:30 - 5:30	Mahakala Practice	瑪哈嘎拉修法
6:00 - 7:00	Dinner	藥石

**Participants can make the following offerings:**

- Candle light offering (Medium \$30, Large \$100)
- Water bowls offering (for a day \$50, or for 3 days \$150)
- Sustenance offering (for breakfast \$50, lunch \$120, dinner \$120 for a day)

**歡迎參與以下贊助項目:**

- 點燈 (中: \$30 大: \$100)
- 供水 (一天: \$50 三天: \$150)
- 每日供齋 (早齋: \$50 中餐: \$120 藥石: \$120)